

**BEN PAKULSKI'S**

# MI40

**TWICE THE MUSCLE  
IN HALF THE TIME**



**Attention Men & Women:** If you're tired of busting your butt only to find you're the same size as last month, tired of seeing guys work out half as much and get twice as big, frustrated with your slow-to-grow bodyparts, OR confused to why you can't gain muscle without the fat...

**Discover How You Can Immediately Double Your Muscle Gains, Remodel ANY "Weak" Bodypart, Smash EVERY Plateau, All While Revealing Your Abs At The SAME Time...**

*A eye-opening article by IFBB Pro Bodybuilder Ben Pakulski*

**Get The Full Story Below!**

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A row of logos for various fitness and muscle development publications. From left to right: 'INSIDE FITNESS', 'POLIQUIN', 'MUSCULAR DEVELOPMENT' (with website musculardevelopment.com), and 'FITNESS Rx'.

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